

2004 PICTOU VOLUNTEER OF THE YEAR

RUTH STIRLING

Ruth lived in a very religious family with her father being a minister. She learned early the values of a good citizen and Christian duty to her family, friends, community and beyond. Ruth demonstrated her dedication to helping others by the care she gave her father in his later years.

Ruth always see the best in people. Her volunteer work is never bragged about. Instead, she works quietly helping others, either collecting for charities, in the church, or even with friends. Ruth is an avid gardener and her garden is always open to individuals who would like to examine the plants. She also gives many plants and cuttings to community groups who need them.

Ruth gave blood for many years to help save lives. However, she was devastated when she was told that it may harm her own health to be giving all the time.

Ruth is a longtime Princess Rebekah Lodge member, lifetime Pictou Garden Club member, Pictou United Church Trustee, United Church Women's member and longtime church choir member.

Anyone who knows Ruth would agree that we are all blessed to know this wonderful lady.

Thank you Ruth!