

Health and Safety

Sun Safety

Research has indicated that each sunburn increases the risk of cancer. To address this concern, Pictou Recreation promotes sun safety in our programs. The sun safety policy is in place to protect youth and leaders. We therefore require anyone enrolled in our programs to wear sunscreen and a hat. We ask parents to provide ample amounts of sunscreen for children.

Behavior

Our staff encourage fair play, respect, honesty, and fun. Bullying, verbal or physical, is unacceptable at our camps and will not be tolerated.

Healthy Eating

All campers are required to bring water, a daily snack and lunch to camp each day. In our efforts to promote a healthy lifestyle, we encourage participants to pack a nutritional lunch. Every week campers will learn about healthy foods through activities.

Nut Free

Pictou Recreation and Parks are committed to providing safe and accessible services and activities for all persons. A Nut Free environment will be maintained by the Day Camp with hopes of reducing nut related allergy risks and making our camp more available to kids living with allergies.

Safety is Priority

To ensure campers have a good experience, safety is a priority, and we encourage families to help by packing the following: masks (when needed), and small hand sanitizer. Families will need to sign a waiver for participation related to Covid 19. Staff have received specialized training related to creating safe program activities.

Code of Conduct

For our summer programs to be a success, they must be operated on a principal of respect. This idea includes respect for each other, the rules, activity parameters and safety guidelines so that everyone can have a safe and fun camp experience. Please review this with your child(ren).

Responsibilities of Participants and Parent/Guardian:

- To respect drop off and pick up times
- To respect yourself, others, property and staff
- To follow camp rules
- To play fair
- To respect that our camps are Nut Free
- To adhere to instructions provided by staff regarding safety issues
- To bring a snack and lunch with plenty to drink
- To wear weather appropriate clothing including a hat, proper footwear and a change of clothes along with sunscreen
- Be aware of where each week's field trip is going Reminders will be sent out.



Healthy Eating Practices and Multi- Sport Learning Opportunities are a big part of the **Day Camp Program**. Weekly activities include hiking and exploring nature, tennis lessons, healthy cooking as "Mini Chefs", swims to practice skills, and library activities to encourage a love of reading.

The Town of Pictou is a registered HIGH FIVE® organization. Pictou Recreation staff have HIGH FIVE® training to ensure that every child has a positive sport and recreation experience.



2021

DAY CAMP BROCHURE

Summer Programs and Policies



Pictou Recreation and Parks

Tel: (902) 485-4372

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Pictou, NS B0K1H0
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Summer Programs

Pictou Olympics!

July 12th-16th

The Olympics are in town! In this week, campers will engage in lots of team games! From games that require strength and speed, to games that require wit and skill, we have something for all at the Pictou Olympics! Work together with your team to win all challenges. The trip this week will be to Trenton Park, where campers can explore nature, and play more fun games!

Cost: \$85



Water, Water, Everywhere

July 19th-23rd

Get set to get wet this week with water athletics! Weather permitting, we will be doing every water activity under the sun and at the Pictou Pool with things like water basketball/hockey/volleyball, and activities with sponges and water balloons! Campers will enjoy all that we have planned for adventure! For a week like this, the Westville Splash Pad will be our trip.

Cost: \$85

A Wave of Fun!

July 26th-30th

Grab your beach towels! This week will be filled with water fun and beach related crafts! We will be taking our fun to caribou Island Provincial Park for a splash and to make sandcastles. Campers can explore the coastline and all the sea has to offer. Come and 'sea' how fun this week will be!

Cost: \$80

Multicultural Week

August 2nd-6th

Pictou County is full of culture. Every day this week, campers will learn about a different culture! Activities include craft traditional items and learning more about the cultures around us. We will make food from other countries, learn special ethnic dances, and go to the McCulloch House Museum and Genealogy Centre to learn about where Nova Scotians come from.

Cost: \$80



Everyone gets to play!

If you require assistance with participation fees, please contact Michelle Young at (902)-485-4372



Paint Your heART Out

August 9th-13th

Calling all artists! This week at camp will be all about art. We have tons of fun activities planned such as creating tie dye shirts, pour painting, and more! Our day trip this week will be to Mable Murple's Book Shoppe & Dreamery and the Lismore Sheep Farm where campers will experience art through illustrations, imagination, and creating products such as wool yarn.

Cost: \$85

Science Central

August 16th-20th

Grab your lab coats and safety goggles! The science experiments will be endless this week at camp. Campers will become scientists by making things like lava lamps and many science related crafts to take home! Our trip this week will be to the Museum of Industry, where campers can further their scientific knowledge and learn about various industries.

Cost: \$85

