

Health and Safety

Sun Safety

Research has indicated that each sunburn increases the risk of cancer. To address this concern Pictou Recreation and Parks will be promoting sun safety in our programs. The sun safety policy is in place to protect youth and leaders. We therefore require anyone enrolled in our programs to wear sunscreen. We ask parents to provide ample amounts for children.

Behavior

Our staff encourages fair play, respect, honesty, and fun. Bullying, verbal or physical, is unacceptable at our camps and will not be tolerated.

Healthy Eating

All campers are required to bring a daily snack and lunch to camp each day. In our efforts to promote a healthy lifestyle, we encourage participants to pack a nutritional lunch. Every Tuesday we will take time to learn about different healthy foods and have a sample to try to promote healthy eating practices.

Nut Free

Pictou Recreation and Parks are committed to providing safe and accessible services and activities for all persons. A Nut Free environment will be maintained by the Day-Camp with hopes of reducing nut related allergy risks and making our camp more available to kids with allergies.

Funding

If you require financial assistance for your child(ren) to attend day camp, you can set up an appointment with Michelle Young at (902) 485-4372



Code of Conduct

For our summer programs to be a success, they must be operated on a principal of respect. This idea includes respect for each other, the rules, activity parameters and safety guidelines so that everyone can have a safe and fun camp experience. Please review this with your child(ren).

Responsibilities of Participants and Parent/Guardian:

- To respect drop off and pick up times
- To respect yourself, others, property and staff
- To follow camp rules
- To play fair
- To respect that our camps are Nut Free
- To adhere to instructions provided by staff regarding safety issues
- To bring a snack and lunch with plenty to drink
- To wear weather appropriate clothing and footwear and a change of clothes
- Be aware of where each week's field trip is going as this may affect pick up/ drop-off times. Reminders will be sent out.



Healthy Eating Practices and Multi- Sport Learning Opportunities are a big part of the **Pictou Day Camp Program**.

The Town of Pictou is a registered HIGH FIVE® organization. Pictou Recreation staff have HIGH FIVE® training to ensure that every child has a positive sport and recreation experience.



2018

DAY CAMP BROCHURE

Summer Programs and Policies

Pictou Recreation and Parks

Tel: (902) 485-4372

40 Water Street, P.O. Box 640
Pictou, NS B0K1H0 recintern@townofpictou.ca

Summer Programs

Under the Sea

July 2nd – 6th

You will *dolphinitely* want to come join us this week. There will be tons of fun water games and activities, including a slip 'n slide! We will be visiting the Northumberland Fisheries Museum and taking a day trip to Caribou Provincial Park where we will explore our beautiful coastline and all it has to offer. You will have a *whale* of a time!

Cost: \$55

Walk on the Wild Side

July 9th – 13th

Come take a walk on the wild side where we will be playing animal themed games and activities as well as doing animal themed art! We will be taking a trip to Shubenacadie Wildlife Park to learn about all the different animals Canada has to offer. Then we will be heading over to Victoria Park where we can go for a walk on the trails as well as going for a swim in the pool! What an *amooosing* week!

Cost: \$65



Fun & Fitness

July 16th – 20th

Turn of those electronics and come on down as you join us this week to be active! We will be playing lots of different activities and sports – basketball, soccer, tennis, etc. We will also be trying out Zumba and yoga this week! Our day trip for the week is Trenton Park where campers can explore the trails and have a ton of fun in the pool! **Cost: \$60**

Blast from the Past

July 23rd – 27th

Join us as we hope into a time machine and travel back in time to the land where electronics never existed! We will be playing tons of games and activities that have been being played for years, even before your parents were born! Our day trip for the week will be Caribou Provincial Park and we will also be visiting the McCulloch House Museum where we will learn all about the history of this beautiful town and taking part in the McCulloch Junior Highland Games where we'll be playing games such as caber toss and tug of war!

Cost: \$55

A Pirate's Life

July 30th – August 3rd

Ahoy, matey! How would you landlubbers like the chance to become pirates? Then come aboard as you join us in playing pirate themed games and make lots of pirate crafts. We'll be sailing on over to the Ship Hector to tour and learn about its history! Our day trip this week will be at the Halifax Waterfront where we will be going on a pirate cruise where they'll need all hands on deck in order to become true pirates, we will also be heading on



over to the buskers where we will watch all different kinds of talent!

Cost: \$65

Creative Campers

August 6th – 10th

Become an artist this week at camp where we will be learning about the different kinds of art! We have lots of forms of art we will be trying out as well as lots of fun games and activities. Our day trip this week will be Pictou Island where we will explore around and spend some time at the beach where we will learn how to make art with the natural treasures the land provides us with.

Cost: 60\$

End of Summer Blast

August 13th – 17th

Join us for our final week as we say farewell to a fun filled summer. We will be making crafts to remember how much fun this summer was and playing tons of our favourite games! Our final day trip will be Caribou Provincial Park and we will also be having an "End of Summer Blast" party at the park where there will be music, food, some bouncy fun, and so much more! All campers and parents are welcome!

Cost: \$50

