

Town of Pictou Newsletter

WINTER 2016

Issue 16



Pictou Academy 1896-1938

LIVELY CULTURE. VIBRANT TOWN.
FRIENDLY PEOPLE. LIVING HISTORY.

Feature Articles

Memorandum of Understanding

Volunteering

Swimming and Winter Recreation
Programs

Pictou Academy 200th Anniversary



www.townofpictou.ca



Dear Friends and Neighbours,

As we start the New Year, I would like to take this opportunity to update residents on some topics currently before Council.

Over the past year, the Towns of Pictou, New Glasgow and Stellarton and the Municipality of the County of Pictou have been working together to study a new approach on municipal governance and operations. An update article on the review process with important upcoming dates and details on how the public are to be involved is included in this newsletter. The process has been

designed to develop, present, discuss, and reach decisions on fact-based information concerning municipal reform. We encourage all residents to visit the www.onepictoucounty.ca website for detailed information and to keep up to date on current happenings.

In 2015, the Town in partnership with Pictou-Antigonish Regional Library, the Municipality of the County of Pictou and the deCoste Centre began working on the Pictou Public Library Project. This joint initiative involves the design and construction of an exciting public space intended to serve residents of the Pictou West communities. Based on extensive community consultation, this collaborative project will provide an exciting new gathering place for citizens to socialize and learn.

A huge milestone event this coming year is the Pictou Academy 200th Anniversary celebrations. I am thrilled to hear about all of the activities planned for this event. I ask that you reach out to your family and friends outside of Pictou encouraging them to make their way home to participate, celebrate and reunite with former classmates.

I had the pleasure of attending the annual Christmas Light Up over the Holiday season and was delighted to see such a wonderful turnout at this community event. I would like to extend Council's appreciation to all the volunteers and participants who made this event possible.

Best wishes to you and your families in the New Year.
Joseph F. Hawes, Mayor

Your Town Council

Mayor Joseph Hawes
P.O. Box 316, Pictou, B0K 1H0

485-6025 cell 396-8077
joe.hawes@townofpictou.ca

Deputy Mayor Alta Munroe, Ward 2
P.O. Box 1305, Pictou, B0K 1H0

485-4913
alta.munroe@townofpictou.ca

Councillor Lynn Vigneault, Ward 1
P.O. Box 1243, Pictou, B0K 1H0

485-5789
lynn.vigneault@townofpictou.ca

Councillor Bob Naylor, Ward 1
P.O. Box 839, Pictou, B0K 1H0

485-5737
bobnaylor@eastlink.ca

Councillor Cam Beaton, Ward 2
P.O. Box 897, Pictou, B0K 1H0

485-6764
cam.beaton@townofpictou.ca

Meetings

Committee of Council Meetings

Meets on the first Monday of each month except on holidays.

Regular Town Council Meetings

Meets on the third Monday of each month, except on holidays.

Pictou Recreation and Parks Committee

Generally, meets on the last Tuesday of each month except on holidays.

All meetings take place at the Town Hall, 40 Water Street.

NOTE: Meeting dates may change. Please check website for details or call the Town Hall at 485-4372.

Front cover photo credit (Pictou Academy):

Pictou Historical Photograph Society

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Dog Control: Contact the Town Office at 485-4372. For emergencies contact the RCMP at 911.

Unsightly Property/Miscellaneous Complaints: Contact the Town Office at 485-4372.

Street Light Outages: Contact Town of Pictou at 902-485-4372.

Tax Billing: Billed twice a year (tax year is April 1-March 31).

Water Billing: Billed four times a year - February, May, September and November (subject to change).

Bill Payment Options: Cash, debit, cheque, online and telephone banking; payments made at Town Administration Office at 40 Water St.

www.townofpictou.ca

**Administration Office,
Town Hall**

Hours Open
8:30 am-4:30 pm
Closed Stat/Civic
Holidays

40 Water Street
PO Box 640, Pictou
B0K 1H0
Ph: (902) 485-4372
Fax: (902) 485-8110

Email:
info@townofpictou.ca

Public Works

Ph: (902) 485-5390

Pictou Fire Department

Emergency 911
Fire Hall (902) 485-4136

**Pictou Recreation
and Parks**

Ph: (902) 485-4372

**Pictou Recreation
Aquatics**

73 Harbour Drive
PO Box 640
Ph: (902) 485-5301
Fax: (902) 485-6087
Email:
aquatics@townofpictou.com

**FOLLOW PICTOU ON
FACEBOOK AND
TWITTER**

**Town of Pictou
Administration Directory**

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Eldon MacDonald, CA
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Paul Janes, Fire Chief
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Michelle Young Ext. 255
Recreation Coordinator
michelle.young@townofpictou.ca



Birthplace of New Scotland



UPDATE REPORT ON MUNICIPAL AMALGAMATION IN PICTOU COUNTY

The following is an update on the review process currently underway regarding the possible amalgamation of the Municipality of the County of Pictou and the Towns of New Glasgow, Pictou and Stellarton. These municipalities have signed a Memorandum of Understanding on municipal reform that involves a two-part review process.

Part 1: Nova Scotia Utility and Review Board Review

The incorporation of or changes to municipalities must be approved by the Nova Scotia Utility and Review Board (NSUARB). The four municipalities noted above have filed a voluntary and conditional application to amalgamate. As applicants, the municipalities are required to submit evidence to the NSUARB as to why a new municipality is being considered and how the new municipal unit will operate.

In terms of why, the four Councils want to gather and examine fact-based information. Their intent is to determine if a new municipality should be created to:

- Introduce streamlined and unified decisions on municipal matters (municipal decisions in Pictou County on important projects are not always happening in a timely and prioritized way current day);
- Improve current population and demographic trends (we have been experiencing significant decreases in the working and younger age groups of the local population);
- focus on improving and creating the right environment for private sector investment and growth (population decrease and shifts are tied to employment opportunities); and
- Improve property values (the value of real estate is not presently growing/appreciating at reasonable rates – having values of local real estate improve is important to both the individual owners and municipal government).

The type of evidence required is ordered by the NSUARB. In our case the order was issued on October 9, 2015, and included among other aspects the study and filing of exhibits with the NSUARB including: the proposed size of a new Council; the size and structure of the proposed municipal workforce; projected financial statements five years out for each of the municipalities if amalgamation does not proceed; and projection of financial statements five years out for a new merged municipality. The size of Council as well as the size and structure of a proposed workforce recommendations have been generated by independent consultants (to keep the process arm's length from those involved current day). The independent consultants selected were Grant Thornton. The balance of the exhibits being generated are under the management of a Steering Committee comprised of two elected officials from each of the four municipalities. A significant amount of evidence/exhibits has already been filed with the NSUARB. The final filings are due to be filed by January 20, 2016. The exhibits can be viewed online at either the Nova Scotia Utility and Review Board website (nsuarb.novascotia.ca click on the Matters and Evidence tab – top left of the screen) or on the local website – onepictoucounty.ca.

The NSUARB will be convening day time and evening public hearings on the application in Pictou County between March 7 and 11th, 2016. The specific times and locations will be advertised by the NSUARB.

Part 2: Public Agreement to the Recommendations and Approach

As outlined above, the municipal units have filed a voluntary and conditional application with the NSUARB. The conditional aspect of the application allows the Councils the right to withdraw from the application. The Councils have agreed that a decision to withdraw must be based on one of two considerations. The first involves the implementation plan satisfactorily addressing pre-agreed to conditions (referred to as preconditions). Among others, the preconditions include an implementation plan showing that no increase to the tax burden of property tax payers

UPDATE ON MUNICIPAL AMALGAMATION CON'T

is possible. The second consideration will involve public opinion on the proposed amalgamation. Public opinion will be measured by polling and an official plebiscite scheduled to take place on May 28, 2016.

Should all or some of the municipal units decide to proceed with the application, ultimately the NSUARB rules/decides on whether and how the amalgamation is implemented. The NSUARB acts similar to a court in that their decision must be found in law and based on evidence.

Important Dates and Timelines

March 7 – 11th - NSUARB Public Hearings to be convened in Pictou County

Feb to May - release of public information and the convening of public meetings related to the exhibits and implementation plan submitted to the NSUARB

May 28th - Public Plebiscite

June 20th - date by which Councils must issue their final decisions

Contact Information

Summary documents will be produced as part of the Feb to May 2016 public consultation process. As outlined above the detailed exhibits filed with the NSUARB are available online. Should residents like to receive printed copies of the detailed exhibits, or have questions about the review process, please contact one of the Steering Committee members. Town representatives on the Steering Committee are:

Mayor Joe Hawes
joe.hawes@townofpictou.ca
902 396-8077

Councillor Cam Beaton
cam.beaton@townofpictou.ca
902 771-2090

Town Grant Program

Organizations requesting financial assistance through the Municipal Grants to Organizations Program for fiscal year 2016-17 must forward their application to the Recreation Coordinator no later than May 9, 2016. The application forms are available from the Recreation and Parks Office at 40 Water Street or you may download the forms from the Town website at www.townofpictou.ca.

Applications will be considered in accordance with the Grant Program Policy for the Town of Pictou. Grant categories include:

- Youth Travel
- Community Programming
- National /Provincial/or Local Event
- Community Economic Development Initiative

Only grant requests completed on application forms will be considered. All first-time applicants are encouraged to contact the Recreation Coordinator at 485-4372 x. 255 or email michelle.young@townofpictou.ca to discuss their proposal and receive assistance in completing the application form. Guidance will also be provided in identifying ineligible projects/expenses or referral to other grant programs. Organizations and individuals who have previously received funding from the Town of Pictou will also be required to fill out an application form to be considered for financial assistance.

2015/2016 WINTER PARKING REGULATIONS

The Winter Parking Ban is now in effect in the Town of Pictou. Here's what you need to know.

When: December 15, 2015 to April 1, 2016

What: No cars can be parked on the streets, sidewalks or shoulders of the streets in the Town of Pictou from 1:00 am to 7:00 am & during daytime hours, when snow plows are trying to plow the streets.

Exemptions: Physicians, police & fire officials while carrying out their official duties and operators of commercial vehicles while loading & unloading.

Violations: All vehicles will be ticketed and towed at owner's expense. This applies whether there is snow or not. Additional penalties provided by Section 292 of the Motor Vehicle Act.

Following are the Winter Programs offered by Pictou Recreation and Parks. Pre-registration and payment for all programs are required. Men and women; youth, adults and seniors are welcome to all classes unless an age group is specified. Discounts are available for signing up for multiple exercise classes. Drop-in rates are also offered. Call for details at 485-4372.

Tai Chi with Bob Bennett (ongoing)

Gentle flowing movements that reduce the stress of today's busy lifestyles and improve health. It is a non competitive, self-paced system of gentle physical exercise and stretching. Anyone regardless of age or physical ability can practice Tai Chi. Every Monday beginning January 4th at the Odd Fellows Activity Room. Join in anytime.

Time: 9:00-10:00 am Cost: \$5.75 per class

Photography Class with Len Cheverie (8 wks)

Improve your photographic experience! This course is for anyone wanting to have a better understanding of the basics of photography. Classes are held on Tuesdays beginning January 12th from 7:00-9:00 pm. Fee is \$75 and pre-registration is required. For further info or to register contact the PRP Office at 485-4372.

Gentle Exercise & Eat Smart Program (6 wks)

A nutrition and exercise program offering chair yoga. Nutrition topics include sodium reduction, label reading, probiotics, brain foods, hidden sugars and healthy aging. The sessions conclude with the creation of a healthy snack related to the topic of the day. Weekly program includes 45 minutes of exercise and a 45 minute nutrition session.

Thursdays beginning January 21 at the Pictou New Horizons Club

Time: 12:00 pm Cost: : \$20

This program was made possible through our partners:

Pictou New Horizons Club, Pictou County Community Health Board and Pictou County Health Authority.

OPEN SKATES AND SWIMS

FREE Swims at the Fisheries Training Pool

Saturdays from 12:00-1:00 pm made possible through funding from the Province of NS Thrive Strategy. For further info call the pool at 485-5301.

FREE Skating at the Hector Arena

Sundays from 11:30 am-12:30 pm. The "I Love To Skate" program is made possible through funding from Canadian Tire and the Province of NS Thrive Strategy. For info call 485-5122. **Subject to change due to tournaments.**

Tumblebugs with Michelle (6 wks)

Tumblebugs is an introductory program for **basic movement** and modified gymnastics that is fun, safe, inclusive and developmentally appropriate for **3 to 5 year-old children**. **Tumblebugs** is about fundamental movement skills that support healthy growth and development, and improve physical literacy. Saturdays beginning February 6th at the PA Gym.

Times: 12:00-12:30 pm Cost: \$40

COME TRY TUMBLEBUGS

Not sure what tumblebugs is about or would like for your child to try it out first? Join in the first day for **FREE**, Saturday, January 30th. Please register at 485-4372.

Active Start Ringette (January-March)

Pictou Recreation and Parks in partnership with Nova Scotia Ringette Association and Sport Nova Scotia will be offering an Active Start Ringette Program. In Active Start Ringette participants are identified by stage of development. Open to **boys and girls ages 5-11 yrs**. The General objectives of the Active Start Ringette Program are:

- To introduce overall motor skills like balance, coordination, agility in a fun and safe environment that promotes self-confidence on skates.
- To develop an awareness of ringette and create a welcoming environment for all participants

When: Saturdays

Time: 5:30-6:30pm

Where: Hector Arena in Pictou.

Cost: \$50

Active Start Ringette is made possible through our partners: Sport Nova Scotia and the Nova Scotia Department of Health and Wellness

COME TRY RINGETTE:

Come try ringette for **FREE**. A great way for your child to test out the ice and see if he or she is interested first before signing up for the program. Just bring your skates, helmet and gloves. Sticks and rings provided.

Register at: 485-4372. When: January 23, 2016 at 5:30pm

Where: Hector Arena in Pictou

Learn to Skate Program with Gena Henderson (6 weeks)

For the beginner skater who is capable of going on the ice on their own and standing without accompaniment of an adult. Children with no previous skating experience are welcome in this program. This beginner program provides young children with an orientation to the ice surface and an introduction to the basics of skating. Skills include: forward skating, backward skating, stopping, and turning are taught. Open to ages 4 – 10 years. Wednesdays beginning January 20th at the Hector Arena in Pictou.

Time: 4:15pm (half hour session)

Cost: \$50

Contact Gena Henderson at genahenderson@icloud.com to register.

A TOONIE OF FUN **Drop In Programs**

Pictou Badminton Club (Drop-in)

Tuesdays beginning January 5th at the Pictou Elementary Gym . 7:00-9:00 pm
Cost:\$2.00 Bring your own racket.



Adult Floor Hockey (Drop-in)

Sundays beginning January 10th at the Pictou Academy Gym
2:00-4:00 pm Cost: \$2.00

Youth Floor Hockey (Drop In)

13 years + Saturdays beginning Jan. 30th at the Pictou Academy Gym
1:00-3:00pm Cost: \$2.00 Bring your own stick, some equipment provided.

INDOOR FUTSAL LEAGUE



WHAT:

SG Sports is offering a U18 Boys Indoor Futsal League. (Version of 5 Aside Soccer)

WHERE:

Every Wednesday evening 6-8:30pm. Location: TBA

PROGRAM:

Looking for U18 players who are interested in playing Futsal. This will be a 10 week program with a 4 team league Format. League play will consist of triple round robin play then a Championship & Consolation on Final Night. Futsal rules apply, shin-guards are mandatory.

LEAGUE CO-ORDINATOR:

Shawn George will be running the Futsal League. He is a native of Pictou where he grew up playing soccer in the town of Pictou through the Pictou Soccer Club. He went onto play AUS Soccer with Cape Breton University for 5 years. He has also played in the NSSL Premier and first Divisions along with coaching at the Tier I, College and University levels. Shawn is currently the Men's Head Soccer Coach at the Dalhousie school of Agriculture based in Bible Hill NS.

REGISTRATION/FEEES:

The fees will be \$100/player for the program- which will include a t-shirt. To register or if you require further information please contact Shawn George at: sgsportsclub@hotmail.com or 902-616-5374



SWIM LESSONS - 8 wks
Winter Session - January 13th-March 5, 2016
Spring Session - March 23rd-May 14th, 2016

Red Cross Swim Kids

Pre-school, 1 & 2 \$65.00 / half hour session

Level 3 and up \$80.00 / hour session

Lessons are available Wednesday, Thursday or Friday evenings or Saturday mornings. Discounts available for additional family members.

Call the pool at 485-5301 to register now for the Winter & Spring Sessions!!

Please Note: Families who register but have not attended by Week 2 will be charged a \$30 administration fee.

Red Cross Babysitter's Courses

March 16th 9am to 5pm Cost \$40. Participants must be at least 11 yrs.

First Aid Courses-Does your business need a First Aid Course? We can come to you or you can come to us. Emergency or Standard First Aid, all levels of CPR and AED training. Call us to set up a time.

Bronze Medallion (includes CPR "B")

Bronze Medallion will open the door to lifeguarding. Candidates who hold Bronze Star may take Bronze Medallion regardless of their age, otherwise, they must be at least 13 yrs old. **Course Dates: TBA**

Bronze Cross (includes Emergency First-Aid)

Required for all advanced training awards in lifeguarding. Candidates who hold Br. Medallion and Emergency First-Aid may take the Br. Cross regardless of their age.

Course Dates: TBA

National Lifeguard Service (includes Standard First-Aid, CPR "C", AED)

Must have Br. Cross (need not be current). Must be 16 by exam. This is an intense 56 hour course that will prepare you for the job of lifeguard.

Course Dates: TBA

Water Safety Instructor

The Canadian Red Cross has revamped their AWSI & WSI Instructor course into one course, using the "flipped classroom". A portion of the course will be done online and the second portion in the classroom and the pool. In this Red Cross course you will focus on strategies to teach and develop swimming and water safety skills in the Red Cross Swim programs. Prerequisite-15 years old.

Call the pool at 485-5301 to register or for further information.



**PICTOU FISHERIES POOL
WASN'T THAT A PARTY ?!**



That's what people will be saying if you let us be a part of your birthday!
Give us a call for rentals...we set up and clean up! For more details call 485-5301

Job Opportunities

Do you love the water? This is the place for you.
Work part-time while your children are in school.
For more information, give us a call.

Advantages of Membership

Includes all public swims (family & open) and lane swims. 10% discount on Pro Shop merchandise, 25% discount on Instructional Programs and access to True Potential Fitness during designated times.

Membership Type	3 Month	Yearly
Student/Senior	\$75.00	\$236.00
Adult	\$150.00	\$478.00
Family	\$222.00	\$705.00
Aquafit	\$213.00	\$673.00
Sr. Aquafit/Arthritis	\$145.00	\$455.00

SWIM CLUBS AT THE FISHERIES TRAINING POOL

Ancient Mariners Masters Swim Club

Swim for fitness or train for competition
Sundays 7:00-8:00 pm; Tuesdays and Thursdays 8:00-9:00 pm
Contact Victoria Reich at 485-8906 or Pictou Aquatics at 485-5301

Pictou County Mariners Swim Club

For youth ages 7 years and up — Monday to Friday 4:00-5:30 pm
Come in and see what were all about!
~New members are always welcome~
Contact Shaun Briand at 485-8349 for club details.



Drop In Fees

Adult Tot	\$4.00
Student/Senior	\$3.50
Adult Swim	\$6.00
Family Swim	\$13.00
Aquafit	\$7.00
Sr. Aquafit/Arthritis	\$6.00

SUN	MON	TUES	WED	THURS	FRI	SAT
		Aquafit 9:30-10:30		Aquafit * 9:30-10:30	Aqua/ Arthritis 9:30-10:30	
	Arthritis 11-12	Splash & Play 10:30-11	Arthritis * 11-12			Swim Lessons 9:30-12
	Adult Lane 12-1		Adult Lane 12-1		Adult Lane 12-1	FREE Swim 12-1
Family Swim 2-3:30		Adult Lane 2:30-3:30		Adult Lane 2:30-3:30		
	Swim Team 4-5:30	Swim Team 4-5:30	Swim Team 4-5:30	Swim Team 4-5:30	Swim Team 4-5:30	
Family Swim 6-7		Family Swim 6-7	Swim Lessons 5:30-7	Swim Lessons 5:30-7	Swim Lessons 5:30-7	
Masters 7-8	Aqua Turbo 7-8	Adult Lessons 7-8	Aquafit 7:15-8:15		Open Swim 7:30-9	Open Swim 7:30-9
		Masters 8-9		Masters 8-9		

Shaded areas are included in True Potential Fitness memberships

* TPF pay half the drop in fee

Did You Know.....you can follow Pictou on Facebook & Twitter !



Check out the Pictou Fisheries Pool This Winter!

The 100km Club & 50km Challenge Challenge yourself! Adult lane swimmers can track their lengths and become a member of the “100 km Club”. Fun prizes to be awarded along the way. For youth try the “50km track your distance, challenge your buddy!

Adult Swim Lessons Whether you are scared stiff or wish to improve your strokes, this swim instruction session is designed to meet the individual needs of each participant. Lessons are held on Tuesday evening 7:00-8:00 pm beginning January 12th for 8 weeks.

Splash N’ Play Swim (Parent and Tot) A fun time for Moms, Dads and Caregivers. Tuesdays 10:30-11:00 am

Aquafit and Arthritis Fitness Classes Fun, Fitness and Friendship. Come and join us in the water. Work at your own pace. Structured to fit your fitness needs. Bring a friend, or come and meet a new one. Have fun and get fit. Check our pool schedule. We’d love to see you.

Deck Walking Keep up your walking program indoors over the winter when weather does not quite cooperate.....try deck walking every Monday and Wednesday beginning January 4 to March 9, 2016 10:00-11:00 am. Cost: \$2.00 for one hour. Did you know that 20 trips around the deck is equal to 1 mile?

Monthly Promotions—For the **month of January**, we will continue to **Lend a Hand**. When you bring in an item for the Food Bank, you can enter your name to win a swim or fitness “punch card”.

During the **Month of February**, every Tuesday will be **“Dollar Discount Tuesday”**. You receive \$1 off the regular fee.

Wednesdays during the **Month of March** will be **“Buddy Up Days”**. Bring a friend for FREE to any swim or fitness class.



Watch for details for the
“Parents Night Out”
coming in February.

DID YOU KNOW ?

In one generation kids have lost 2,000 steps per day by taking the bus to school.

Below are highlights of funding programs available for youth and community groups. [A list of funding sources is located at www.townofpictou.ca/funding](http://www.townofpictou.ca/funding)

Canadian Tire JumpStart

Canadian Tire Foundation for Families has created a community based charitable program to get children active called “Canadian Tire JumpStart”, which delivers assistance to financially disadvantaged children so they can participate in recreational activities and organized sport.

KidSport (offered through Sport Nova Scotia)

Assists children by overcoming financial barriers which prevent or limit their participation in organized sport. www.sportnovascotia.ca/kidsport

Regional Development Program (offered through NS Health and Wellness — Physical Activity, Sport and Recreation Division) Funding for up to 50% of the costs; types of projects approved include start up costs for new groups, leadership training, sport and recreation club development, presentation of workshops, clinics, conferences, physical activity initiatives for after school programs, youth and adult groups.

Additional information and application forms for these programs are available from Pictou Recreation and Parks, 40 Water Street, Pictou, by calling 485-4372 or emailing info@townofpictou.ca.

Gary Boone Leadership Development Fund

The purpose of the fund is to provide financial assistance to new initiatives in leadership training development which result in:

- Increased involvement in physical activity leadership roles
- Increased and improved physical activity leadership skills of community recreation and sport leaders.

Examples of eligible initiatives include: courses to become certified instructors, coaching certification programs and more. This program is provided with support from NS Health Promotion and Protection — Physical Activity, Sport and Recreation Division. The program is managed by the Highland Region Recreation Coordinators Committee.

Contact PRP for an application form or visit our web site at www.townofpictou.ca/funding

DID YOU KNOW ?

Canadian kids aged 9 to 17 who play outside after school get 20 more minutes of heart-pumping activity per day, and are three times more likely to meet the Canadian Physical Activity Guidelines.

- 2015 ParticipACTION Report Card



Winter Carnival

February 13th & 14th

Watch town website for more details.

Sleigh Rides, Snow Sculpture Contest, Snow Shoe Hike,

Hot Drinks, Coasting Party

Valentine Chocoholic at the Pictou United Church

Fun for the Whole Family!



MARCH BREAK FUN at the POOL

March 14-18, 2016

At the POOL

Want to have a fun, exciting and an unforgettable

MARCH BREAK? Spend it with us. Pictou

Recreation Aquatics will once again have March

Break swims. **FUN FOR THE WHOLE FAMILY.** Check the website for details in March.

Bus Trip to the International Tattoo—Halifax

Have you always wanted to see the Tattoo? Here is your chance, a bus will be leaving Pictou for a matinee show July 2, 2016. If you are interested please contact Pictou Recreation and Parks by May 1st at 485-4372.

Tartan Day April 6, 2016

What is Tartan Day? Tartan Day in Canada has become an annual event. The concept of "Tartan Day" began at a meeting of the Federation of Scottish Clans in Nova Scotia on March 9, 1986. **Tartan Day** is a celebration of Scottish heritage on April 6th each year, the date on which the Declaration of Arbroath was signed in 1320. In Canada, on Tartan Day, Canadians are encouraged to wear tartan in commemoration of the contributions of Scots and their descendants to the fabric of our society. **Keep watch on the town website for celebrations in Pictou. Annual event takes place at the McCulloch Heritage Centre.**

Hector Arena 2016 Skating Schedule

Adult & Preschool	Wednesdays	10:00-11:30 am	FREE
Adult Only Skate	Friday	12:00-1:00 pm	donation
Public Skating	Fridays	3:00-4:30 pm	\$2.00
I Love to Skate	Sundays	11:30 am-12:30 pm	FREE

Walking at the Rink

The cooler weather is upon us, continue your walking routine at the Hector Arena inside Monday to Friday beginning at 9:00 am. Why not drop by with a friend. Donations accepted.

Birthday Parties welcomed at Friday Skating. Reservations a must. Skate sharpening available. For info call the Hector Arena at 485-5122.

New Caledonian Curling Club

The club offers a full range of activities to suit all ages-junior, mixed, adult and industrial league. There are also fun spiels throughout the season. Qualified instructors are on hand to give assistance. Club House available for rentals and birthday parties. For further information call Alta Munroe at 485-4913 or the club at 485-5075.

Curl for Cancer - Friday, February 26, 2016

True Potential Fitness

We are open 7 days a week; 365 days a year. Remember, if you ever have any questions about TPF, personal health, or fitness in general, feel free to join our Facebook group 'True Potential Fitness' or e-mail Branden O'Brien at branden_obrien@hotmail.com. Telephone: 382-3303.

Therapeutic Touch

Receive a TT treatment. Very restorative.

Therapeutic Touch treatment sessions will be held at the New Horizons Club on Kempt Street in Pictou beginning Monday, January 5th. Sessions will be held every second Monday from 7:00-9:00 pm. Treatments are \$4.00 and all are welcome.

COMING SUMMER 2016

Canoe/Kayak Program: The program aims to educate youth in the fundamentals of Canoe/Kayak by providing a fun, safe and memorable experience for all participants. Open to youth between the ages of 8-13.

Mobile Sailing School: It is designed to encourage youth to explore the sport of sailing. Open to youth between the ages of 8-14 years.

Both these programs are accessible. Please contact Pictou Recreation and Parks by May 31st if interested.

Art Classes with Carolyn Vienneau

Offering the following classes beginning January 12th:
Drawing, Oil & Acrylic (all ages & levels), Beginner Water Color,
and Children's Classes - Ages 8 & Up

For more information call 485-5005 / 759-3771 or email:

cvieneau@ns.sympatico.ca Website: [Carolyn Vienneau.com](http://CarolynVienneau.com)

deCoste Centre



The deCoste Centre will be operating on reduced hours during January and February with no performances scheduled for that time. The centre will re-open March 2016 with a new season of wonderful live entertainment. Memberships for 2016 are available. For more information on memberships visit the deCoste website at www.decostecentre.ca.

VOLUNTEERING

Now is your chance to recognize an outstanding volunteer in our community. Nominations for **Volunteer Week 2016** (April 10-16) are now being accepted. Application forms are available at the PRP office or can be downloaded from the Town website. Pictou Volunteer of the Year Nominee must be a resident of the Town of Pictou. Deadline for nominations: **Friday, February 12, 2016**. Information on Pictou's Volunteer Reception will be sent to community groups at a later date.

Other provincial awards include the Volunteer Family Award and Volunteer Youth Award. For more information visit:

<http://novascotia.ca/NonProfitSector/celebrating-volunteers.asp>

*Volunteers do not necessarily have the time;
they just have the heart.*

~Elizabeth Andrew

www.townofpictou.ca



Pictou Public Library & Innovation Centre

www.parl.ns.ca

Hours of Operation (485-5021)

Tuesdays & Thursday	10:00 am-9:00 pm
Wednesday, Friday & Saturday	10:00 am-5:00 pm

ALL PROGRAMS IN THE PICTOU LIBRARY ARE FREE!

ABC's for Babies –Thursday mornings 10:30 am, newborn to 15 months

ToddleTime –Tuesday mornings at 10:30 am, stories, songs and more.

Preschool Storytime – Wednesday mornings at 10:30 am, 3 yrs plus

Family Lego Time – Saturdays 3:00-4:30 pm

Seniors Café—Third Monday morning of each month from 10:00-noon.

Join us for interesting guest presentation, light refreshments, and full access to library services for seniors.

Knitting Circle—Thursdays, 3:00-4:30 pm

Saturday Morning Puppetry Club - every Saturday at 10:30 am

(Pre-registration is required)

Book Clubs:

Adult Book Clubs:

- Thursday Book Club meets every 2nd Thursday of the month at 7 pm.
- Tuesday Book Club meets every 3rd Tuesday of the month at 7pm.

Pictou Library will have a **CAP Youth Intern** this winter. Mentoring can be provided on a drop in basis or by appointment. To find out more please visit the Library or go to our events page at www.parl.ns.ca.

Highland
Connect.ca

Search - Find - Play

SEARCH ~ Our database of over 1000 records- by keyword; by organization; by community

FIND ~ Descriptions, contact names and numbers of active living opportunities

PLAY ~ Get up, Get out, Get active



Pictou Academy is entering its 200th year as one of the most widely-known educational institutions across Canada. Dr. Thomas McCulloch started PA in his fight for social justice, believing all religious denominations were entitled to receive an education. On March 26, 2016, the school will be 200 years old. The PA 200 committee was formed in 2007 and has been working diligently with annual events to make this a celebration to remember. All Pictou Academy former

and current students and teachers are invited for a week of celebration July 1 through 7, leading into Pictou Lobster Carnival.

Activities include a grand opening, monument unveiling, community picnic, ecumenical church service, nostalgia evening with music and photo exhibit at the deCoste, an afternoon tea, sock hop, pub crawl, Jost winery tour, memory lane night at Pictou Academy, class reunions and a float in the Lobster Carnival parade. Harbour tours and Pictou Island Day trips will be available as well as other events. As the committee is still in the planning stages, other activities or suggestions are more than welcome. If anyone wants to be a class contact, visit Facebook at PA 200 Years, or email pa200years@gmail.com. You can also check the progress of the website www.pictouacademy200.ca which eventually will have all the information, including registration. There is a large database of former students being compiled. Volunteers are also welcome on the committee and during the festivities. Advocate reporter Debbi Harvie's recent article reinforces that it is not just for grads, it's for all former students. It will be a summer to remember when friends and relatives come to the town to share their memories of school days and the paths their lives have taken.

One of the ways the PA 200 committee chose to help celebrate the upcoming 200th anniversary was to have Monica Graham write about the history of the school. The Cradle of Knowledge walks us through the trials and tribulations of Thomas McCulloch trying to ensure education was available to everyone. Her ability to tell a story combining complex circumstances along with snippets of the times make a good read. This project was made possible through the generosity of Pictou Academy Educational Foundation, Advocate Printing and Publishing and John Roach of Seattle.

Books can be purchased in Pictou at the McCulloch Heritage Centre, Fulmore's, Ahead of Hair, deCoste Entertainment Centre, Sears, Northumberland Fisheries Museum, and Water Street Studio. In New Glasgow they are available at John Marshall's Antiques and Cole's.



Contractors realigning pipes, replacing sensors and installing new pumps at the Ball field lift station. Work was also completed at the Market Street lighthouse and Sinclair station.

Installation of new fire hydrant on Veterans Drive during paving project.



Members of Pictou County Cruise Committee accepting the 2015 Tourism Champion Award during the Crystal Tourism Awards of Excellence at the 38th annual TIANS Tourism Summit.

BE ACTIVE AFTER SCHOOL



Active Pictou County will be offering **FREE** school-based programs starting in mid-January showcasing “**FUN**”damental skills in sport and recreation led by energetic leaders trained in the *Principles of Healthy Child Development* (High Five).

Have fun and be active while playing games that teach the foundation skills needed to play a variety of sports (kicking, throwing, catching)

For more information visit www.activepictoucounty.ca or contact Brittney at (902) 921-0706 afterschool@activepictoucounty.ca

These programs are made possible through funding partnerships with:



82%

OF PEOPLE RELY ON RECREATION SERVICES for fun and PHYSICAL FITNESS

Parks and Recreation Ontario, Recreation and Parks, Essential for Life, 2010

GREAT EXPERIENCES AT HIS LOCAL RECREATION CENTER ARE INSPIRING HIM TO STAY ACTIVE.

The best way to play™

WWW.HIGHFIVE.ORG

HIGH FIVE™ A quality standard for children's sport and recreation
Founded by Parks and Recreation Ontario

A photograph of a young child with dark hair, wearing a yellow t-shirt with a graphic print and blue jeans. The child is smiling and has their right arm raised, holding a purple baton or stick. The background is a bright yellow with radiating lines.