

FOR IMMEDIATE RELEASE

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Town of Pictou Announces 2019 Volunteer of the Year

Pictou, NS – Each year, communities across Canada celebrate National Volunteer Week. **National Volunteer Week 2019** takes place from **April 7 to April 13**. The primary purpose of this specially designated week is to thank and honour people who donate their time to help others by supporting the causes in which they believe. Volunteer Week also serves to reinforce the human values that volunteering represents and increase awareness of the vital importance of volunteerism to our communities. Each year a call is put out to organizations in the Town of Pictou for nominations of residents who have contributed through volunteering their time in making our Town a better place to live. The Town of Pictou is very proud to have Betty Richards as our 2019 Volunteer of the Year. Betty will have the opportunity to attend the Provincial Volunteer Reception in Halifax on April 1st this year where she will celebrate volunteerism with other communities across the province.

Betty is a wonderful volunteer who has been volunteering with the Shiretown Nursing Home for over 31 years. She is a faithful and loyal volunteer who goes to the home approximately 30 hours a week. She will also volunteer on other days for special events such as resident outings. Betty assists the Therapeutic Recreation Department with resident focused programs such as bingo, parties and helps the hairdresser, and every other department in some way or another. Individuals like Betty make this world a better place. Quietly going about her business, getting up in the morning and walking across town to spend the day helping others. The Town of Pictou is very proud to have Betty as our 2019 Volunteer of the Year.

The Pictou Volunteer Reception is an annual event that the Town hosts each year where volunteer organizations in Town attend for an evening of entertainment, refreshments and a guest speaker presentation. For more information on how you can become a volunteer and get involved in your community visit the Town's website at www.townofpictou.ca or call Pictou Recreation and Parks at 485-4372.