

Pictou Fisheries Training Pool

Winter Schedule

SUN	MON	TUES	WED	THUR	FRI	SAT
		Aquafit 9:30-10:30		Aquafit * 9:30-10:30	Aqua/ Arthritis 9:30-10:30	
	Arthritis 11-12:00	Splash N Play 10:30-11	Arthritis * 11-12:00			Swim Lessons 9:30-12
OPEN FOR RENTALS	Adult Lane 12-1		Adult Lane 12-1		Adult Lane 12-1	OPEN SWIM 12-1
Family Swim 2-3:30		Adult Lane 2:30-3:30		Adult Lane 2:30-3:30		OPEN FOR RENTALS
OPEN FOR RENTALS	Swim Team 4-6:30	Swim Team 4-6:00	Swim Team 4-5:30	Swim Team 4-5:30		OPEN FOR RENTALS
Family Swim 6-7		Family Swim 6-7	Swim Lessons 5:30-7	Swim Lessons 5:30-7	Swim Lessons 5:30-7	OPEN FOR RENTALS
Active for Life Swim 7-8	Aqua Turbo 7-8	Adult Swim & Lessons 7-8	Aquafit 7:15-8:15		Open Swim 7:30-9	Open Swim 7:30-9
		Active for Life Swim 8-9				

Shaded areas in schedule are included in **True Potential Fitness** memberships

*TPF memberships pay half the drop in fee

Membership Type	3 Month	Yearly
Student/Senior	\$78	\$245
Adult	\$155	\$500
Family	\$230	\$740
Aquafit	\$220	\$700
Sr. Aquafit/ Arthritis	\$150	\$475

Memberships

- √ All public swims (family & open) and lane swims,
- √ 10% discount on Pro Shop merchandise,
- √ 25% discount on Instructional Programs,
- √ **PLUS** access to *True Potential Fitness during designated times.*

Bundle it and save....**15% discount** if you purchase both an aquafit and swim membership.

Wasn't That A Party !

Birthday Parties & Pool Rentals: give us a call for details.....we will look after everything....all you need to do is show up and have some fun!! Pool Rentals are available in the late afternoon or early evening hours.