

CODE OF CONDUCT

Pictou Recreation and Parks recognizes that for our programs to be successful, safe, and fun, they must be operated on the principle of respect for each other, the rules, activity parameters, boundaries, and safety guidelines.

Please review the following with your children:

Responsibilities of Participants and Parents/Guardians

- To respect drop off and pick up times
- To respect yourself, others, property, and staff.
- To follow camp rules
- To adhere to instructions provided by staff regarding safety issues.
- To bring a healthy snack and lunch with plenty of water.
- To wear appropriate clothing including a hat, and proper footwear, and to bring a change of clothes, as well as sunscreen and a shirt to cover shoulders when playing in water.

Healthy Eating Practices and Multi-Sport Learning Opportunities are a big part of the Day Camp Program. Weekly activities will include Hiking and nature exploration, becoming "mini chefs" to practice healthy eating, tennis lessons, and library activities.

The Town of Pictou is a registered HIGH FIVE® organization. Pictou Recreation staff receive this training to ensure that every child has a positive sport and recreation experience.



HEALTH AND SAFETY

Safety is a Priority

To ensure campers have a good experience, safety is our main priority. We ask that parents also speak to their children at home about ways they can stay safe at camp.

Sun Safety

We spend most of our time outdoors and in the sun. To protect campers from harmful UV rays, we require that campers arrive wearing a hat and sunscreen. Sunscreen is to be sent from home and labelled with your camper's name. Application is then required after lunch and at 2 pm, resulting in a minimum of 3 applications per day. Sun shirts are also required for swimsuits that leave the back or shoulders exposed to protect campers from burns.

Behaviour

Our staff encourages participation, fair play, honesty, and fun! Bullying of any form will not be tolerated.

Healthy Eating

All campers are required to bring water, a nutritional snack, and lunch each day. Each week campers will learn about healthy food choices via activities.

Nut Free

To ensure the safety of everyone, Pictou Recreation and Parks is a nut free environment to help reduce allergy risk.

PICTOU SUMMER DAY CAMP 2025

Summer Program and Policies

Pictou Recreation and Parks

902-485-4372

40 Water Street, P.O. Box 640

Pictou, Nova Scotia, B0K 1H0

recintern@townofpictou.ca

EIGHT WEEKS TO CHOOSE FROM!

MINI WEEK **\$70** July 2 – 4

This week will be an accelerated start to camp to get the summer feeling back. With just three days we will be playing lots of games and making crafts. Then finishing with a trip to the Pictou Lobster Carnival!

NATURES CALLING **\$110** July 7 – 11

Be prepared for lots of hands on and learning about the earth. Lots of games and fun to be had. We will be planting our own garden and new experiences. This week we will be going to visit the Northumberland Fisheries Museum!

FUN AND FITNESS **\$120** July 14 – 18

This is an exciting week to learn about sports and different ways to get physical activity! With lots of games and activities planned, plus a day spent at Trenton Park we will have so much fun!



ANIMAL KINGDOM **\$120** July 21 – 25

Let your wild side free with a week full of learning about animals from near and far! Including a trip to Shubenacadie Wildlife Park and Victoria Park!

BLAST OF THE PAST **\$120** July 28 – August 1

A fun filled week learning about how things were in the past years! Then a trip to Sherbrooke village to see it all in action and people working and dressed like it's still the 1800s!

WATER WORKS **\$110** August 5 – 8

Get ready for a fun time as we spend the week playing lots of water games and learning about how our oceans affect us. Then we'll go explore some of Nova Scotia's water at Caribou Beach Provincial Park!



AGES 5 – 11



CREATION STATION **\$120** August 11 – 15

Let your creativity loose with a week full of experiments and inventions! With an exciting trip to the Discovery Centre!

SUMMERTIME PARTY **\$120** August 18 – 22

Enjoy an amazing last week celebration with face paint, treats, foam pit, and more! Come join us with lots of activities and a fun to end off the summer!



Each camper will receive a 'trip shirt' that will help us all stay together when walking and traveling together. This fee has been added to the registration cost!